

HKHA – P&D SECTION

YOUTH LEAGUE COMPETITION RULES – 2022/2023

1. A match consists of two halves of 10 minutes with an interval of 2 minutes between each half.
2. A match is played between two teams with not more than five players (with at most four boys) of each team on the court at the same time and goalkeeper is not required.
3. A team must have at least four players on the field to start and during a match.
4. A goal is scored when the ball is played by an attacker from within their attacking half of the pitch and passes completely over the goal-line and under the crossbar.
5. Procedures for taking a free hit, centre pass and putting the ball back into play after it has been outside the court:
 - a. the ball must be stationary
 - b. all players other than the player taking the free hit must be at least 4 metres from the ball
6. There will be no penalty corner and penalty stroke.
7. A Challenge to be awarded:
 - a. for an action preventing a certain goal (such as a foot on the goal line)
 - b. for a deliberate foul by the defender within the attacking half of the attacker.
8. Taking a Challenge:
 - a. all players on the court other than the player taking the challenge and the defender defending it must stand beyond the centre-line
 - b. the ball is placed in the middle between the back-line and the centre-line nearest to the goal of the defending defender
 - c. the player taking the challenge must stand behind the ball before beginning the challenge
 - d. the defender defending the challenge must stand with both feet on or behind the goal-line and must not leave the goal-line until the ball has been played
 - e. the whistle is blown when the player taking the challenge and the defender defending it are in position to start the challenge
 - f. the player taking the challenge must not take it until the whistle has been blown. The player taking the challenge or the defender defending it must not delay the taking of the challenge.

8. Taking a challenge (Cont'd):

- g. the player taking the challenge may play the ball, but may not shoot the ball at goal until it has travelled at least 4 metres and is permitted to raise it to any height
- h. after the attacker has played the ball the defender may move
- i. after the attacker has played the ball open play resumes and the other players from both teams who were beyond the centre-line may re-join play

9. Personal Penalties

9.1 For any offence, the offending player may be:

- a. cautioned (indicated by spoken words)
- b. warned and temporarily suspended for 1 minute of playing time (indicated by a green card) For the duration of each temporary suspension of a player on or off the court, with a green card, the offending team plays with one fewer player. The suspended player may return to the court immediately the opposing team scores a goal, unless this goal is the result of a challenge conceded by the suspended player (see rule 9.6).
- c. temporarily suspended for a minimum of 2 minutes of playing time (indicated by a yellow card) A suspension of 4 minutes, (indicated by a yellow card), should be awarded for repeated offences or serious physical foul play. For the duration of each temporary suspension of a player on or off the court, with a yellow card, the offending team plays with one fewer player. The player must serve the full period of the suspension
- d. permanently suspended from the current match (indicated by a red card). For each permanent suspension, the offending team plays for the remainder of the match with one fewer player. The offending team plays with one fewer field player for the remainder of the match. A personal penalty may be awarded in addition to the appropriate penalty.

9.2 Temporarily suspended players must remain in a designated place until permitted by the umpire who suspended them to resume play.

9.3 Temporarily suspended players are permitted to rejoin their team during intervals after which they must return to a designated place to complete their suspension.

9.4 The intended duration of a temporary suspension may be extended for misconduct by a player while suspended.

9.5 Permanently suspended players must leave the court and its surrounding area.

9.6 If a player receives a personal penalty in conceding a challenge, the timing of the penalty does not start until the challenge is completed (irrespective of the outcome)